

# fresh<sup>to</sup>day

## ALLERGEN INFORMATION

PRODUCT	CONTAINS	MAY CONTAIN
<b>Alternatives</b>		
Pasta Chicken & Sweetcorn	e gw m ml	
Pasta Chicken Pesto	e gw ml n	c f sp
Pasta Mediterranean	e gw	
Pasta Plain	e gw	
Fruit Pot		
Crackers & Cheese	gw ml	n
Croissant	e gw ml	

PRODUCT	CONTAINS	MAY CONTAIN
<b>Wrap</b>		
Ham & Cheese	gw ml s	
Ham Wrap	gw s	ml
Cheese Wrap	gw ml	
Chicken & Stuffing	e gw m ml	
Chicken Tikka	e gw m ml	
Tuna & Sweetcorn	e f gw m	

PRODUCT	CONTAINS	MAY CONTAIN
<b>Bread</b>		
White Sliced	gw s	ss
Brown Sliced	gw s	ss
Half & Half	gw s	ss
Healthy Grain	gb gw s	ss
Brown Roll	gb gw s	n ss
Soda Bread	gw ml	s
Gluten Free	s	lp
Blaa	gw	ml s ss

PRODUCT	CONTAINS	MAY CONTAIN
<b>Spread</b>		
Butter	ml	
Little Butter	ml	
Extra Butter	ml	
Mayo	e m	

PRODUCT	CONTAINS	MAY CONTAIN
<b>Filling</b>		
Ham	s	gw ml
Luncheon Roll	gw s	
Cheddar Cheese	ml	
Turkey	ml s	
Chicken	ml	
Chicken & Stuffing Mayo	e gw m ml	
Chicken Tikka	e m ml	
Egg Mayo	e m	
Tuna & Sweetcorn Mayo	e f m	
Strawberry Jam		cr mc
Smoked Salmon & Cream Cheese	f ml	

PRODUCT	CONTAINS	MAY CONTAIN
<b>Salad</b>		
Lettuce		
Cucumber		
Onion		
Sweetcorn		

PRODUCT	CONTAINS	MAY CONTAIN
<b>Wholegrain</b>		
Breadsticks	gw	ss
Cheerios	gb go gw	n
Cheese Rice Cake	ml	c gb gw m s
Cheese Stick	ml	
Cheese Triangle	e ml	
Cream Crackers	gw	n
Crunchy Bites		
Mini Pretzels	gb gw	ss
Oatmeal Bake	e gw	
Popcorn		
Porridge Oat Bars	go ml ss	gb gr gw n s
Raisin Scone	gw ml	e s ss
Sesame Sticks	gw s ss	
Shreddies	gb gw	n
Wholemeal Pancake	e gw ml	
Yogurt Rice Cake	ml s	n p ss

PRODUCT	CONTAINS	MAY CONTAIN
<b>Fruit &amp; Dairy</b>		
Apple		
Orange		
Banana		
Raisins		
Cheese Stick	ml	
Go-Yo Yogurt	ml	
Killowen Yogurt	ml	n
Yogurt	ml	

PRODUCT	CONTAINS	MAY CONTAIN
<b>Veg</b>		
Seasonal Veg Pot		

### ALLERGEN KEY

Celery <b>c</b>	Crustaceans <b>cr</b>	Egg <b>e</b>	Fish <b>f</b>
Lupin <b>lp</b>	Milk <b>ml</b>	Molluscs <b>mc</b>	Mustard <b>m</b>
Nuts <b>n</b>	Peanut <b>p</b>	Sesame Seed <b>ss</b>	Soya <b>s</b>
Sulphites <b>sp</b>			
Cereals containing gluten:			
Gluten (Barley) <b>gb</b>	Gluten (Oats) <b>go</b>	Gluten (Rye) <b>gr</b>	Gluten (Wheat) <b>gw</b>