

Use your own words to fill in the spaces. The picture may help you.

## The Common Cold

Almost every person in the world has had a cold. But did you know that \_\_\_\_\_<sub>1</sub> are not caused by cold weather? Colds are caused by a \_\_\_\_\_<sub>2</sub> that you can get by touching someone who has a cold. You can even get a cold by \_\_\_\_\_<sub>3</sub> something like a doorknob. If you then rub your nose or eyes, it is likely you will get a \_\_\_\_\_<sub>4</sub>. Good health habits can stop you getting germs that cause colds or other illnesses. They will also stop you \_\_\_\_\_<sub>5</sub> germs to others.

Some good \_\_\_\_\_<sub>6</sub> habits are:

- Washing your \_\_\_\_\_<sub>7</sub> well and often.
- Covering your \_\_\_\_\_<sub>8</sub> when you cough or sneeze.
- Not rubbing your nose or eyes with \_\_\_\_\_<sub>9</sub> hands.



No-one has found a cure for the common cold. Scientists keep \_\_\_\_\_<sub>10</sub> all sorts of sprays, pills and medicines—but nothing has worked so far!