Day 3

Fixed or Growth?

Read the sayings below and determine whether they belong in a Fixed or Growth Mindset. Write the answers inside each silhouette. Add some of your own!

Fixed:

- Doesn't try
- Puts in effort
- Avoids challenges
- Ignores feedback
- Learns from failures
- Mistakes are bad
- Embraces challenges
- Keeps going
- Gives up easily
- Learns from feedback

Growth:

- My Name

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