5-DAY GROWTH MINDSET CHALLENGE

To complete this challenge choose a challenge buddy and go through activities together. Once you complete each activity, put a checkmark next to it below!

MY NAME IS ____________________  MY CHALLENGE BUDDY IS ____________________

We began this challenge on (date) ____________________

When we complete this challenge we will celebrate by ____________________

☐ Day 1  I Can Change My Mindset!
☐ Day 2  My Word Search
☐ Day 3  FIXED or GROWTH Mindset
☐ Day 4  My Power of YET!
☐ Day 5  5 Things I Can Tell Myself