FLOUNDER
(FLOWN dur) v./n.
to move clumsily; to struggle or proceed
with difficulty; a fish

Sounds like: FLOUNDER (fish)

"A FLOUNDERING FLOUNDER"

- The dog FLOUNDERED through the mud attempting
to find his master in the dark night. (v.)

- Jack started his speech but began to FLOUNDER
when he couldn't find his notes. (v.)

- A FLOUNDER is a flat fish species mostly found at the
bottom of coastal lagoons in the Atlantic and Pacific
Oceans. (n.)